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SUMMARY OF EXPERIENCE

<u>Psychotherapist – Private Practice</u> 55 Maria Drive Suite 846 Petaluma, CA 94952 1345 Santa Clara Way Santa Barbara, CA 93108 217 Sunnyslope Ave Petaluma, CA 94952	1982- Present
<u>Consultant</u> Military Family Life Consultant United States Department of Defense Germany, New York, Japan, Korea, Alaska, Netherlands, Washington State, San Diego	July 2008- Present
Coping Consultations Petaluma, CA	1981- 1982
<u>Clinical Supervisor</u> Community Counseling Center 329 Olive Street Santa Barbara, CA 93101	January 2005- December 2006
Rohnert Park Youth Services Bureau Rohnert Park, CA	1985-1988
Antioch College San Francisco, CA	1982

<u>School Counselor</u> Montecito Union School San Ysidro Rd. Montecito, CA 93108	May 2005- April 2006
<u>Member Emergency Response Team</u> Critical Incident Stress Debriefing New York City, New York 10013	September 20- 25, 2001
<u>Faculty</u> Meridian University 2008 (<i>Formally</i> Institute of Imaginal Studies) 47 Sixth Street Petaluma, CA 94952	September 2007- Spring
Sonoma State University 2008 Extended Education 1801 East Cotati Avenue, Rohnert Park, CA 94928-3609	Spring 2007 & Fall
Brooks Institute of Photography 801 Alston Road Santa Barbara, CA 93108	Spring 2000- Fall 2003
<u>Psychotherapist</u> Vista Care Counseling Center 601 Dailey Drive, Suite 110 Camarillo, CA 93010	August 2000- November 2002
<u>Director</u> The Learning Clinics 5550 Telegraph Road Ventura, CA 93003	August 1996- August 2001
<u>Clinical Director</u> CARE Children's Counseling Center 666 7th Street Santa Rosa, CA 95404	April 2006- October 2007
Santa Barbara Counseling Center 324 E. Carrillo, Suite C Santa Barbara, CA 93101	January 1999- January 2000

<u>Coordinator</u> Couples Check- up '92 Sonoma County/ North Bay Chapter, American Association of Marriage and Family Therapists	1992
<u>Vice- President</u> Redwood Empire Chapter California Marriage and Family Therapists	June 1991- June 1992
<u>Infant Project Coordinator</u> California Parenting Institute Santa Rosa, CA	1983- 1988
<u>Preschool Project Coordinator</u> Marin Country Office of Education San Rafael, CA	1981- 1982
<u>Children's Activity Coordinator</u> Oakland Children's Hospital Oakland, CA	1980
<u>Member, Project Head Star Assessment Team</u> Worland, WY; Sisseton, SD; Towner, ND; Billings MO	1975-1980
<u>Director of Child Life Program</u> University of Colorado Health Sciences Center Denver, CO	1972- 1980
<u>Director</u> Camelot Day Care Lafayette, CO	1970
<u>Director</u> Goshen Area Day Care Center Goshen, NY	1969-1970
<u>Nursery School Teacher</u> Pacific Oaks Children School Pasadena, CA	1969

MANAGEMENT SUPERVISION

Interviews, hired, trained, and supervised teachers, play and recreation therapists. Held individual and group staff development meetings. Wrote job descriptions and performance appraisals. Scheduled personnel and formulated and executed work priorities.

Administered the program budget and purchased necessary equipment and supplies. Successfully raised funds for a roof-top park/ playground project.

Acquired funding from Human Service Commission, United Way, and other sources.

Arranged for public relations occasions and acted as a spokesperson. Made radio and television appearances and have been interviewed for numerous newspaper articles.

Set program standards and policy. Maintained records for the State Legislature.

COUNSELING

Counseled in the following areas: parent- child issues, child physical and sexual abuse, stress and its reduction, EMDR, visualization and hypnosis, preventive and psychosomatic medicine, working with people with disabilities and their families, crisis intervention, patient advocacy, learning disabilities and their effect on the family.

Assisted in the testing, diagnosis, and educational or psychotherapeutic treatment of disorders as a member of a multidisciplinary team. Conducted individual, family and group counseling and referred client to community agencies.

TRAINING/ TEACHING

Recruited, directed, trained, observed and evaluated over 50 college interns in such fields as Special Education, Psychology, Early Childhood Education, Therapeutic Recreation, Rehabilitation, Nursing, Social Work, and Marriage and Family Counseling.

Taught support groups for pregnant women, new mothers, new parents, single mothers and professional women.

Reviewed and critiqued thesis and papers written by students.

Taught the following courses at the University level: The Value of Play in Fostering Growth and Development; Children's Literature; Coping; Oppression of Children; Strategies; Play Therapy with Disturbed Children; Family Therapy; Psychology of Perception; Philosophy; Critiquing Media; Analyzing Personalities.

Supervised the work of 20 M.F.C.T. interns, all of whom became certified M.F.C.T.'s.

Trained staff in work with abusive families. Topics included: family violence, sexual issues for sexually abused children, confidentiality issues, abused children and their reactions to caregivers, relaxation training for high- risk parents, child abuse across the life span.

PROGRAM DEVELOPMENT

Developed recreational and educational activities for disabled and able- bodied children and adolescents. This included outings, physical exercise, nature study, art, drama, seasonal events and tutoring.

Collaborated on research studies related to stress reduction through bio- feedback, and the effect of aerobic exercise on stress level.

Developed evaluation tools to determine if a program of child abuse prevention for high- risk parents was successful.

Compiled information for pamphlets to prepare patients for difficult events.

Analyzed data gathered through interviews, questionnaires, and chart reviews that investigated the coping strategies of 10 chronically ill children who were burned, blind, deaf or had kidney or liver disease. This resulted in a Doctoral Dissertation, 1978- 1980.

Organized and facilitated seminars and workshops on a consulting basis for over 1,000 persons in New York, California, Toronto, Montana, and North Dakota covering the following areas: Bibliotherapy, School- Hospital Relations, Developmental Stages, Health Education, Advocacy, Stress and Burn- out in the Helping Professions, Playground Development, the Needs of the Chronically

Ill and Their Families, Death and Dying, Recognition and Prevention of Child Abuse and Neglect, the Effects of Television on Children, Preparation for Parenthood, and Adjusting to Parenthood.

PUBLIC SPEAKING

Invited to speak and present workshops over 200 times to community and church groups, elementary school children, on the radio, and on public television, as guest lecturer at the university level, and at professional meetings. Spoke on many topics such as Child Development, Prevention of Child Abuse, The Effects of Television on Children, Self Esteem, Treatment of Trauma, Eating Disorders, Play Therapy, Conflict Resolution, Parenting Skills, Discipline, Sibling Rivalry, Stress, Divorce, Sleep Disorders, and Community Safety.

WRITING

In collaboration with Eileen Clegg, wrote: Becoming a Wise Parent for Your Grown Child- How to Give Love and Support without Meddling. New Harbinger Press, 1997.

Current writing project with Eileen Clegg: Extremophiles: Stories of Resilience and Strength.

EDUCATION AND RELATED CERTIFICATION

1966 Orange County Community College, Middleton, NY.
Associate of Arts in Correction Administration

1971 Pacific Oaks College, Pasadena, CA
B.A. in Human Development, Emphasis in Early Childhood Education

1975 Antioch College, Denver, CO
M.A. in Bilingual and Bicultural Education

1977 Registered Therapeutic Recreation Specialist
Registered # 1993 (lifetime)

1977 National Center for Child Abuse and Neglect, Denver CO
Internship

- 1980 Santa Barbara School of Massage, Santa Barbara, CA
Therapeutic Massage Technician
- 1980 Pacific Oaks College & the Fielding Institute, Pasadena, CA
Ph.D. in Human Development
- 1981 Marriage and Family Therapist
License # MJ17057
- 1981 California Community College Instructor Credential
Health and Physical Care Services, Nursery School and Pre- School
Education, Special Education
- 1985 Board of Behavioral Science Examiners
Certified Hypnotherapist
License # 2016
- 1991 Eye Movement Desensitization
Certificate of Training
- 1994 Dyslexia Center Training
- 1994 Leadership Santa Rosa
- 1998 Mediation Training
Pepperdine University
- 1998 Women's Economic Ventures
Santa Barbara, CA
- 2000 Leadership Santa Barbara
- 2002 Critical Incident Stress Debriefing (Mitchell Model)

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

1998- 2006	Ventura County Business and Professional Women
1996- 2006	International Dyslexia Association
1989- Present	American Association of Marriage and Family Therapists
1988-1996	American Professional Society on the Abuse of Children
1985- 1986	Member, the New York Academy of Science
1980- Present	California Association of Marriage and Family Therapists, Redwood Empire Chapter, Ventura County Chapter, Santa Barbara Chapter
1982- 1989	Guidance Counselor Association
1981- 1996	National Orthopsychiatry Association
1980	Association for Care of Children's Health
1976	Member of Organizing Committee for National Conference in Denver, CO
1968-1996	National Association for Young Children

PUBLIC SERVICE

2008- 2010	Jewish Community Free Clinic, Rohnert Park, CA
2004- 2006	First 5 Commission, Santa Barbara Co. Advisory Board
2000	Girls Incorporated Bring Your Daughter to Work Day
1997- 1998	Volunteer: Summer Solstice Parade, Santa Barbara, CA
1992-1998	Friend of Hospice, Petaluma, CA
1990-1996	Project Head Start Advisory Board, Sonoma Co., CA
1986-1987	Volunteer Clinical Supervisor of Marriage, Family, and Child Counselors, Rohnert Park Youth Services Bureau
1985-1988	Human Race to support California Parenting Institute
1985-1988	Hospice 10K Walk, Sonoma, CA
1983-1984	Volunteer Art Activity Coordinator, Camp Sunburst for Chronically Ill Children
1983	WINGS (Women in Network for Growth and Service)
1982-1983	La Leche League International
1982	California Parenting Institute Board Member
1981	American Association of University Women: Membership Committee, March of Dimes
1980	Children's Museum, Santa Rosa; Consultation
1980	International Year of the Child, display of Health and Education Materials
1979	Denver Art Museum, Volunteer Docent
1979	Denver Symphony, Marathon
1978	Career Day, Curigan Exhibit Hall
1977	Advocacy for Children and Youth

1976- 1977 Metropolitan Child Protection Council: Public Information
Speaker and Member
1976-1977 Migrant Council of Denver
1975 Health Education Sharing Session, Colorado Department of
Health

UNIVERSITY SERVICE

1982 Antioch College- mentor, supervised M.A. student
1976- Present Guest Lecturer at:
Denver University
Loretto Height College
Metro State College
Napa College
Pacific Oaks College
Pasadena Community College
Santa Barbara City College
Santa Rosa City College
Sonoma State University
University of Colorado
University of North Colorado
University of California, Santa Barbara

TALKS, WORKSHOPS AND PAPERS PRESENTED

2010

01.13.10 Bully Busting, Fort Lewis Army Post, Washington State
01.20.10 Teaching Children How to Get Along, Fort Lewis Army Post,
Washington State
01.27.10 Issues with Child Visitation, Fort Lewis Army Post,
Washington State
02.01.10 Love and Logic, Fort Lewis Army Post, Washington State
02.08.10 Love and Logic, Fort Lewis Army Post, Washington State
02.10.10 Reconnecting Your Child with Your Service Member, Love
and Logic, Fort Lewis Army Post, Washington State
02.15.10 Love and Logic, Fort Lewis Army Post, Washington State
02.17.10 Culture Shock, Adjusting to Cultural Change, Fort Lewis
Army Post, Washington State
02.22.10 Love and Logic, Fort Lewis Army Post, Washington State
02.24.10 Potty Training, Fort Lewis Army Post, Washington State
03.01.10 Love and Logic, Fort Lewis Army Post, Washington State

TALKS, WORKSHOPS AND PAPERS PRESENTED (cont'd)

- 03.03.10 Helping Children Cope with Post Deployment Issues, Fort Lewis Army Post, Washington State
- 03.10.10 Responding to Toddlers who Bite or Hit, Fort Lewis Army Post, Washington State
- 03.17.10 Sibling Relations, Fort Lewis Army Post, Washington State
- 03.24.10 Electronics and Your Children, Fort Lewis Army Post, Washington State
- 04.07.10 Cyber Bullying, Fort Lewis Army Post, Washington State
- 04.14.10 How to Have a Good Night's Sleep, Fort Lewis Army Post, Washington State
- 04.21.10 Coping with Challenges When on R&R, Fort Lewis Army Post, Washington State
- 04.28.10 Family Reunion, Fort Lewis Army Post, Washington State
- 05.03.10 Parenting Your Grown Child During Crisis, Franke Tobey Jones Senior University, Tacoma, Washington State
- 05.05.10 Coping Strategies, Fort Lewis Army Post, Washington State
- 05.12.10 Self Care for the Helping Professional, Fort Lewis Army Post, Washington State
- 05.19.10 Friendship, Fort Lewis Army Post, Washington State
- 05.26.10 Overcoming Test Anxiety, Fort Lewis Army Post, Washington State
- 06.02.10 Coping with Change, Fort Lewis Army Post, Washington State
- 06.09.10 Welcome Home! Reconnecting with Your Child, Fort Lewis Army Post, Washington State
- 06.16.10 Staying Positive and Motivated, Fort Lewis Army Post, Washington State
- 06.23.10 Time Management Strategies, Fort Lewis Army Post, Washington State
- 09.23.10 Helping Children with Anger Management, Sullivan's Elementary School Yokosuka, Japan
- 09.28.10 Children and Separation Issues of Deployment Sullivan's Elementary School Yokosuka, Japan
- 09.30.10 Stress Management for 5th graders, Sullivan's Elementary School Yokosuka, Japan
- 10.04.10 Emotion Cycle of Deployment, Sullivan's Elementary School Yokosuka, Japan
- 10.12.10 Talking to a Deployed Loved One, Sullivan's Elementary School Yokosuka, Japan

TALKS, WORKSHOPS AND PAPERS PRESENTED (cont'd)

- 10.21.10 Traumatic Event Stress Response: When Your Sons and Daughters Deploy, Sullivan's Elementary School Yokosuka, Japan
- 10.25.10 1,2,3 Magic Discipline, Sullivan's Elementary School Yokosuka, Japan
- 10.29.10 Canto Plain Educators Day Conference: Setting Limits with Children, Sullivan's Elementary School Yokosuka, Japan
- 11.04.10 Reverse Culture Shock, Sullivan's Elementary School Yokosuka, Japan
- 11.10.10 Setting Boundaries with Children, Sullivan's Elementary School Yokosuka, Japan
- 11.15.10 1,2,3 Magic Discipline, Sullivan's Elementary School Yokosuka, Japan
- 11.18.10 Cultural Awareness and Sensitivity, Sullivan's Elementary School Yokosuka, Japan
- 11.24.10 Survivors Guilt, Sullivan's Elementary School Yokosuka, Japan
- 11.30.10 Coping with Transitions, Sullivan's Elementary School Yokosuka, Japan
- 12.02.10 How to Handle Peer Pressure, Sullivan's Elementary School Yokosuka, Japan
- 12.09.10 Stress Management During the Holidays, Sullivan's Elementary School Yokosuka, Japan
- 2009**
- 01.31.09 The Second Half of Life, Volunteer Center of Sonoma County, Santa Rosa
- 04.15.09 Grief Management- Court Appointed Special Advocates (CASA), Santa Rosa
- 05.12.09 Coping Strategies for the Uncertainties of Life, Eielson Air Force Base, Fairbanks, AK
- 05.19.09 Communication Training, Eielson Air Force Base, Fairbanks, AK
- 05.26.09 Conflict Resolution, Eielson Air Force Base, Fairbanks, AK
- 06.02.09 Life in Balance: Relaxing & Stress Relief, Eielson Air Force Base, Fairbanks, AK
- 06.09.09 Building Resiliency: Staying Positive in Negative Situations, Eielson Air Force Base, Fairbanks, AK
- 06.16.09 Grief and Loss, Eielson Air Force Base, Fairbanks, AK
- 08.12.09 Life in Balance: Relaxing & Stress Relief, Geilenkarchen Air Force Base, Germany

TALKS, WORKSHOPS AND PAPERS PRESENTED (cont'd)

- 08.18.09 Helping Children Manage Anger, Geilenkarchen Air Force Base, Germany
- 08.23.09 Emotional Intelligence Activities for Children, Geilenkarchen Air Force Base, Germany
- 09.01.09 Parent-Child Communication, Geilenkarchen Air Force Base, Germany
- 09.09.09 Conflict Resolution with Children, Geilenkarchen Air Force Base, Germany
- 09.16.09 How Children Grieve, Geilenkarchen Air Force Base, Germany
- 10.27.09 Building Your Child's Self- Esteem, Osan Air Force Base, South Korea
- 11.03.09 The Challenges of Changing Schools, Osan Air Force Base, South Korea
- 11.10.09 The Sandwich Generation, Osan Air Force Base, South Korea
- 11.18.09 Coping with Transitions, Osan Air Force Base, South Korea
- 11.24.09 Supporting Children of Divorce, Osan Air Force Base, South Korea

2008

- January Institute of Imaginal Studies, Master's Level Psychological Assessment, Santa Rosa, California
- Fall Emotional Regulation and Relational Growth: Techniques and Practices for Prevention and Intervention- Extended Education, Sonoma State University
- 11.13.08 Setting Boundaries, Fort Hamilton, New York, NY
- 11.20.08 Self Care to Prevent Compassion Fatigue, Fort Hamilton, New York, NY
- 11.27.08 Anger Management for Kids, Fort Hamilton, New York
- 12.4.08 When a Parent Deploys, Ages 2-5, Fort Hamilton, New York, NY
- 12.11.08 Coping with Holiday Grief, Fort Hamilton, New York, NY
- 12.18.08 Power Struggles, Fort Hamilton, New York, NY

2007

- 04.21, 28.07 Emotional Regulation and Relational Growth: Techniques and Practices for Prevention and Intervention- Extended Education, Sonoma State University

TALKS, WORKSHOPS AND PAPERS PRESENTED (cont'd)

2006

Santa Barbara City College: Becoming A Wise Parent for Your Grown Child: How to Give Love & Support without Meddling or Enabling

2003

03.05.03 Pt. Mugu Naval Station: Achieving Balance Between Family, Career and Self

10.06.03 Family Service Agency: Sand Tray Work with Children

2002

02.05.02 Pt. Mugu Naval Station: Time Management

03.11,18,25.02 Community Counseling Center: Play Therapy Techniques

03.20.02 Pt. Mugu Naval Station: Improving Interspersal Relationships

04.10.02 Pt. Mugu Naval Station: Handling Disappointment in the Work Place

04.24.02 Pt. Mugu Naval Station: CISD

03.05.02 Pt. Mugu Naval Station: Managin Family and Career

06.19.02 Pt. Mugu Naval Station: Stress Reduction in the Workplace

09.25.02 Pt. Mugu Naval Station: When Bad Things Happen to Good People

10.01.02 UCSB Psychology of the Family, Guest Speaker: Family Therapy

10.09.02 Pt. Mugu Naval Station: Handling Disappointment and Loss in the Work Place

11.14.02 Pt. Mugu Naval Station: Holiday Stress Reduction

2001

01.02, 02.01.01 Santa Barbara City College Continuing Education: Strengthening Family ties Across the Generations

02.07.01 University of California, Santa Barbara Learn at Lunch Series: Becoming a Wise Parent for Your Grown Children

09.19.01 Pt. Mugu Naval Station: How to Handle Difficult Employees

10.26.01 Conscientious Objectors and Supporters: Draft Counseling

12.11.01 Pt. Mugu Naval Station: Achieving Balance Between Family, Career and Self

2000

02.09.00 Cottage Hospital: Becoming a Wise Parent when there are Family Feuds

02.24.00 Mid Life Zest: Building Bridges Between the Generations

TALKS, WORKSHOPS AND PAPERS PRESENTED (cont'd)

- 04.12.00 Adult Education: Becoming a Wise Parent for Your Grown Child
- 04.17.00 Family Service Agency School Based Counselors: Helping Children with Trauma
- 05.19.00 CHADD, Ventura County Chapter: Parenting Your Grown ADHD Child
- 10.24.00 Pt. Mugu Naval Station: Practical Approaches to Handling Disappoint in Work Place
- 11.04.00 Ventura CAMFT Harmony in the Family Conference at Cal Lutheran College: Understanding and Resolving Family Feuds
- 11.14.00 Pt. Mugu Naval Base: Holiday Stress Reduction
- 12.12.00 Pt. Mugu Naval Base: Avoiding Holiday Stress When the Family Gets Together

1999

- 01.27.99 UCSB Women's Center: Becoming a Wise Parent for Your Grown Child
- 02.04, 06.24.99 Jodi House, Santa Barbara: Anger Management Part I and Part II
- 02-03.99 Adult Education: Becoming a Wise Parent
- 05.12.99 Junior League of Oakland, Women's Business Conference: Becoming a Wise Parent
- 06.02.99 CAMFT- Modesto Chapter: Becoming a Wise Parent
- 06.05.99 Spice Up Your Life Conference: Mid Life Zest; Becoming a Wise Parent

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

- 06.10.99 Santa Barbara County Business Network: Goal Setting
09.14.99 Santa Barbara Mobile Home Park: Becoming a Senior
Peer Counselor
09.11.99 Adult Education: Becoming a Wise Parent
10.12-11.30.99 Adult Education: Becoming a Wise Parent

1998

- 03.12.98 CAMFT- Ventura Chapter, Marketing Conference:
Therapist as Publisher
03.29.98 Mid Life Zest, Goleta, CA: Becoming a Wise Parent for
your Grown Grandchild
05.18.98 Career Conference, Santa Barbara: Becoming a Special
Educator
07.09.98 Parents without Partners: When Bonds are Broken
08.05.98 Family Service Agency, Lompoc: Art Therapy with
Children
09.05.98 Santa Barbara Adult Education: Becoming a Wise
Parent for Your Grown Child (8 week course)
09.08.98 Family Service Agency of Santa Barbara: Preparing
Children to see a Therapist

1997

- 09.20.97 Ventura County Chapter of California Association of
Marriage Family Counselors, Cal Lutheran University,
Thousand Oaks, CA: "Dyslexia and Attention Deficit
Disorder"
11.97 Newcomers Club of Santa Barbara: Meditation and
Concentration

1996

- 02.05.96 The Process of Ministry and Counseling, United
Methodist Church, Petaluma, CA: Maintaining
Boundaries
02.24.96 Family Service Agency, Santa Rosa, CA: Play Therapy
for MFCT Interns
06.05-07.10.96 Sonoma State University Rohnert Park, CA, Extended
Education: Therapeutic Play
07.18 & 28.96 Institute of Imaginal Studies, Petaluma, CA:
Oppression of Children

1995

- 03.31.95 Santa Rosa Junior College: Day of Non-Violence
04.12.95 Career Fair Sonoma Co. Commission on Status of
Women, Santa Rosa, CA

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

- 04.12.95 Sonoma State University, Marriage and Family Class:
Violence in the Family
- 06.95- 08.96 Professional Women's Support Group-Facilitator
07.23.95 Oppression of Children Institute for Imaginal Studies
Petaluma, CA
- 08.23-12.06.95 Fundamentals of Therapeutic Play: Sonoma State
University
- 10.10.95 California Parenting Institute- Santa Rosa, CA: Raising
Daughters Who Can
- 10.15.95 Channel 22 TV: When Your Mate is Unfaithful
- 10.15.95 Channel 22 TV: Sexuality & Media
- 10.16.95 Sonoma State University, Child Development Class
Guest Speaker: The Value of Therapeutic Play
- 10.28.95 Santa Rosa Junior College: Oppression of Children
Common Ground Conference

1994

- 01.26.94 Petaluma Community Center, Petaluma, CA (member
of panel): Getting Beyond Fear and Violence: What
Ordinary Citizens Can Do
- 04.01.94 Sonoma State University, CA, Child Development
Class (Field Trip): A Play Therapist at Work
- 06.12.94 Women Against Rape, Santa Rosa, CA: Rape and
Rebuilding Self Esteem
- 07.11.94 Rohnert Park Mothers Club, Easter Seal Society,
Rohnert Park, CA: Fostering Self Esteem, Part II
- 07.23.94 Parentalk radio show- KVON, Napa, CA: Children and
Divorce

1993

- 01-05.93 McNear School, Petaluma, CA: Friendship Skills
Group, Grades 4-6
- 02.23.93 Petaluma Mothers' Club, Elm Lutheran Church,
Petaluma, CA: Self Esteem and Your Child
- 03.16.93 McNear School, Petaluma, CA: Making and Keeping
Friends in Grades 4-6
- 05.07.93 Sonoma State University, Rohnert Park< CA Child
Development Class: Play Therapy
- 05.11.93 McNear School, Petaluma, CA: Friendship Skills
Group, Grades 4-6
- 10.16.93 Santa Rosa Junior College, Santa Rosa, CA, Common
Ground Conference on Children: ABC's of Self Esteem
(with Ellen Clegg)

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

- 10.16.93 Santa Rosa Junior College, Santa Rosa, CA, Common Ground Conference on Children: The Effects of Divorce on Children
- 10.22.93 Sonoma State University, Rohnert Park, CA, Child Development Class: Play Therapy
- 12.07.93 McNear P.T.A., McNear School, Petaluma, CA: Family and Community Healing After the Polly Klaas Tragedy

1992

- 02.14.92 CPC Redwoods Hospital, Santa Rosa, CA: M.F.C.C.'s and the Legal System, Avoiding and Dealing with Law Suits
- 02-03.92 McNear School, Petaluma, CA: Conflict Resolution Project, Grades 4-6
- 04.08.92 Sonoma State University, Rohnert Park, CA Child Development class: Play Therapy
- 07.06.92 Sonoma State University, Rohnert Park, CA, Theories of Psychotherapy Class: Play Therapy
- 11.04.92 Sonoma State University, Rohnert Park, CA, Child Development Class: Therapy with Children

1991

- 03.19.91 Petaluma Valley Preschool, Petaluma, CA: Discipline
- 04.16.91 California Parenting Institute, Santa Rosa, CA: Sibling Rivalry
- 05.28.91 Petaluma Parent Nursery School, Petaluma, CA: Children's Fears
- 06.04.91 Singles Group, Santa Rosa, CA: Conscious Loving
- 10.10.91 Sonoma County Department of Mental Health, Santa Rosa, CA: Child Therapy
- 11.09.91 North Bay Educational Psychologists, Petaluma, CA: Emotional Issues of Children and Families with Learning Disabilities
- 11.21.91 Rainbow House, Sebastopol, CA: Play Therapy
- 12.12.91 Kaiser Permanente Santa Rosa, CA: Dealing with Holiday Stress

1990

- 02.01.90 McDowell Child Care Center, Petaluma, CA: Alternative Discipline Techniques
- 03.01.90 McDowell Child Care Center, Petaluma, CA: Changing Family Dynamics
- 04.11.90 Sonoma State University, Human Development Department Rohnert Park, CA: Play Therapy

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

- 06.16.90 Sonoma County Child Abuse Council, Santa Rosa, CA:
Normal to Pathological Development in Young Children
- 10.13.90 Santa Rosa Junior College, Santa Rosa, CA, Common
Ground Working Together for Children: Making Books
with Young Children to Help Them with Normal
Problems of Early Childhood
- 10.15.90 Santa Rosa Junior College, Santa Rosa, CA Panel
Discussion: Child-Related Careers
- 11.18.90 Petaluma Parent Nursery School, Petaluma, CA:
Sibling Rivalry

1989

- 01-04.89 Series for A Special Place Therapeutic Preschool, Santa
Rosa, CA: Working with Traumatized Children
- 01.03.89 KSRO Radio "Parent Talk," Santa Rosa, CA: Eating
Disorders in Children
- 01.17.89 AAUW Panel Discussion: Stages of Parenthood
- 02.07.89 KSRO Radio, Santa Rosa, CA: Difficult Temperament
Children
- 03.16.89 Sonoma County Auxiliary members and Spouses,
Santa Rosa, CA: Super Babies. Are We Pushing Our
Children Too Hard?
- 04.04.89 KSRO Radio, Santa Rosa, CA: TV and Its Effect On
Families
- 04.19.89 Sonoma County Child Abuse Council's Annual
Conference, Santa Rosa, CA: Therapeutic Play with
Very Young Children
- 04.29.89 Napa Valley College Foster Care Education Program,
Napa, CA: The Importance of Play
- 05.09.89 Cherry Valley P.T.A., Petaluma, CA: Birth Order and
Its Effects on Growth and Development
- 05.20.89 Protect Our Children Conference, Petaluma, CA: How
to Keep Children Safe
- 05.28.89 Petaluma Business and Professional Women,
Petaluma, CA: Balancing Career and Relationships
- 09.07.89 Head Start Training Session, Santa Rosa, CA: Play
Therapy Techniques To Use Within the School Setting
- 10.02.89 Grant School P.T.A., Petaluma, CA: Media Effects on
Children
- 10.27.89 Head Start Training Session, Santa Rosa, CA: Play
Therapy Techniques to Use Within the School Setting
- 11.04.89 Redwood Empire Chapter California Association of
Marriage & Family Therapists and Santa Rosa Junior

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

- 11.04.89 (cont'd) College, Santa Rosa, CA: When Bonds are Broken;
Repairing Parent-Child Bonding
- 12.02.89 Foster Parent Education Program, Santa Rosa Junior
College, Santa Rosa, CA: Play Therapy With Foster
Children
- 12.14.89 Preschool Children's Workshop, Petaluma, CA:
Discipline Around the Holidays

1988

- 02.02.88 KRSO Radio "Parent Talk," Santa Rosa, CA: Children
Born with Difficult Temperament
- 02.23.88 Cherry Valley Elementary School Parents, Faculty, and
PTA, Petaluma, CA: Self Esteem
- 03.01.88 KSRO "Parent Talk," Santa Rosa, CA: Effects of
Television on Young Children
- 03.10.88 Petaluma Valley Hospital, Petaluma, CA: Childhood
Psychology
- 03.12.88 Foster Parent Training Program, Santa Rosa, CA:
Discussing Difficult Subjects with Foster Children
- 04.05.88 KSRO Radio "Parent Talk," Santa Rosa, CA; Sex Role
Stereotyping and Young Children
- 04.21.88 David Parent Nursery School, Santa Rosa, CA:
Television and Children
- 04.30.88 Who Care of the Children Conference, Sonoma State
University, Rohnert Park, CA: Understanding High-
Risk Families; Intervention and Prevent of Abuse
Through Support and Education
- 05.03.88 KSRO Radio "Parent Talk," Santa Rosa, CA: First Time
Mother in Her Mid-Thirties or Older
- 10.22.88 Petaluma Valley Hospital, Petaluma, CA: its Hard
Being a Parent; Stresses of Parenthood
- 11.20.88 KSRO Radio "Parent Talk," Santa Rosa, CA: Parenting-
The Effects of Drug/Alcohol Addiction on the Whole
Family
- 11.22.88 Catholic Community Services Phone Friend
Volunteers, Santa Rosa, CA: Recognizing Child Abuse

1987

- 01.12.87 Montessori Preschool, Berkeley, CA: Television and Its
Effects on Children Families
- 01.26.87 Healdsburg Co-Op Preschool, Healdsburg, CA:
Television and Violent Behavior

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

- 03.24.87 Parent Aide Training for Sonoma County Social Services and the Volunteer Center of Sonoma County, Santa Rosa, CA: Family Dynamics of At-Risk Families
- 03.29.87 Childbirth Educators of Sonoma County Community Hospital, Santa Rosa, CA: Newborn Care: How a Newborn Affects Family Dynamics
- 04.03.87 California Parenting Institute Staff, Santa Rosa, CA: Survivors as Healers
- 05.07.87 California Parenting Institute Staff, Santa Rosa, CA: Adult Child of Alcoholics
- 10.27.87 Sonoma County People for Economic Opportunity, Santa Rosa, CA: Taking Care of Yourself; Ways to Cope with Stress
- 11.06.87 Elementary School Center, San Francisco, CA: Providing Support for Parents
- 11.09.87 KSRO Radio, Santa Rosa, CA: Stresses of Parenthood

1986

- 01.12.86 Turning to Learning Staff, Santa Rosa, CA; What is Play Therapy? When to Refer Children for Evaluation
- 01.21.86 Petaluma Co-op Nursery School and McNear School, Petaluma, CA: Television and its Effects on Child Development
- 02.02.86 California Parenting Institute Staff, Santa Rosa, CA: Sexual Issues for Sexually Abused Children
- 02.10.86 Rincon Valley Co-op Preschool, Santa Rosa, CA: Effects of Television on Child Development
- 04.14.86 Family and Children's Center, Santa Rosa, CA: Effect of Television on Children
- 05.08.86 California Parenting Institute Staff, Santa Rosa, CA: Progressive Relaxation Training for High-Risk Parents
- 08.29.86 California Parenting Institute and Child Protective Services Staff, Santa Rosa, CA: Abused Children and Their Reactions the Caregivers
- 10.27.86 Rohnert Park Youth Services, Rohnert Park, CA: Detection, Assessment and Reporting of Child Abuse and Neglect
- 11.01.86 Santa Rosa Junior College, Santa Rosa, CA: Developing Self Esteem and Responsibility in Young Children
- 12.03.86 Sonoma State University, Rohnert Park, CA: Pedophiles

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

12.05.86 California Parenting Institute and Child Protective Services Staff, Santa Rosa, CA: Working with High-Risk Families

1985

01.13.85 California parenting Institute Staff, Santa Rosa, CA: Stages of Development of Children and Abuse Associated with Them

03.13.85 Healdsburg Preschool, Healdsburg, CA: TV and Preschoolers

05.15.85 TV and Preschoolers, Counseling Department, Sonoma State University, Rohnert park, Ca: TV and Preschoolers

10.03.85 Parental Stressline Volunteers, YWCA, Santa Rosa, CA: Working with High-Risk Families

10.22.85 Children and Family Circle, La Fiesta School, Cotati, CA: Discipline Techniques Without Spanking

11.01, 03.85 California Parenting Institute Staff, Santa Rosa, CA: History of Parent Education Programs: Work with High-Risk Families; Evaluation; Birth Project; Visions of the Future

12.30.85 Rohnert Park Youth Services Bureau Counseling Interns, Rohnert Park, CA: Play Therapy- What It Is and Methods of Intervention

1984

01.23.84 Petaluma Parent Nursery School, Petaluma, CA: The Couple Relationship After Childbirth

02.01, 08, 15
24.84 Petaluma Recreation Department, Petaluma, CA: How to Be an Effective Baby Sitter

02.16.84 Respite Care Workers, Community Child Care Council, Santa Rosa, CA: Child Development and Special Needs Children at Risk of Child Abuse and Neglect

03.30.84 Pediatric Grand Rounds, Community Hospital, Santa Rosa, CA: Infant Temperament

05.09.84 Bahai School, San Rafael, CA: Dealing with Aggression In Preschoolers

05.09, 16.84 California Parenting Institute, Pregnancy Support Group, Santa Rosa, CA

07.27.84 Santa Rosa Junior College, Santa Rosa, CA: Child Abuse- Parenting Burnout

08.02.84 Rancho Cotati High School, Rohnert Park, CA: Play Activities for Infants and Toddlers

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

- 08.17.84 California Parenting Institute Staff, Santa Rosa, CA:
Child Abuse Workshop
- 08.20.84 California Parenting Institute Parents, Petaluma, CA:
Toddler Discipline
- 09.28.84 Child Abuse Conference for Medical Personnel, El
Rancho Tropicana, Santa Rosa, CA: Infant Bonding
and The Prevention of Child Abuse; Child Abuse and
Stress Arising Within Medical Professionals
- 10.22.84 Sarah Stewart's School of Massage, Sonoma, CA: Baby
Massage
- 11.14.84 Child and Family Circle, Cotati, CA: Super Babies

1983

- 02.23.83 Calistoga Cooperative Preschool, Calistoga, CA: How
Sex Type Behavior Develops in Young Children
- 02.28.83 Napa Community Hospital, Napa, CA: When Children
Are Hospitalized
- 04.09.83 A Celebration of Children Conference, Santa Rosa, CA:
Infant Temperament- How it Affects Interaction
Between Parent and Child
- 04.15.83 Rural Health Education Project, Santa Rosa, CA:
People in Crises, Child Abuse Workshop
- 05.03.83 Mother's Day Talk to Unitarian Universalist
Fellowship, Santa Rosa, CA: Importance of Mothering
the Mother

1982

- 03.19, 21.82 Sacramento CAEYC Conference Kaleidoscope '82,
Sacramento, CA: Fostering Coping Strategies
- 04.08.82 Center for Family Enhancement, Novato, CA:
Emotional Abuse in Economically Advantaged Families
- 07.03.82 California Parenting Institute Parents, Petaluma, CA:
Baby Massage
- 07.12.82 California Parenting Institute Parents, Santa Rosa, CA:
The Couple's Relationship After Baby
- 08.07.82 Sonoma State University, Rohnert Park, CA: Coping
Mechanisms and Interventions for Children Under
Stress
- 10.15.82 Family Growth in Changing Times Conference, Santa
Rosa, CA: Challenges of Step Parenting
- 10.22.82 University of CA, San Francisco, CA: When Children
Become Ill- Coping Strategies: Ten Case Studies of
Chronically Ill Children
- 11.01.82 Novato Preschool, Novato, CA: Fostering Self Esteem

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

11.09.82 IV International Congress on Child Abuse and Neglect, Paris, France: Case Histories of Neglect, Exploitation and Emotional Abuse in Pediatric Setting with Suggestions for Prevention

1981

03. 16, 23.81 Project Head Start Personnel, Napa County Council for Economic Opportunity, Napa, CA: Stress Management
04.24.81 Community Hospital, Santa Rosa, Ca: Updates in Pediatrics- Maternal Child Health Care- Therapeutic Play
06.81 ACCH Conference, Toronto, Ontario: Strategies for Coping in the Context of Hospitalization- Ten Case Studies
09.06.81 University of San Francisco, Lone Mountain College, San Francisco, CA: Hospital Intervention: Are We Doing Harm?
09.25.81 Marin General Hospital, Greenbrae, CA: Playing Helps Children Cope
10.09.81 Second Annual Napa Valley Conference on the Infant and Young Child with Special Needs, Napa, CA: A Focus on Stressed Families- Coping Strategies of Chronically Ill Children and their Families

1980

02.02.80 Boulder Resources for Education of Young Children, Boulder, CO: Preparing Children for Doctor Visits and Hospitalization
03.08.80 Iowa School Counselors, Des Moines, Iowa: Death and Dying

1978

01. 78 Pacific Oaks College, Santa Barbara, CA: Stress- What It Is and How to Deal With It
02.78 University of Colorado, Denver, CO: Stress and Burnout in the Helping Professions
07.22.78 University of Texas, Austin, TX: Children in Crisis
08.17, 20.78 Teaching Self-Responsibility for Health Care, NAEYC Annual Conference, New York, NY

1977

03.77 Westinghouse Electrical Corporation, Denver, CO: Nutrition, Head Start Consultation Program in Health Systems

TALKS, WORKSHOPS, AND PAPERS PRESENTED (cont'd)

- 06.77 Special Education, University of Denver, Denver, CO:
Setting Up Outdoor Environments for Handicapped
Children
- 11.77 Pacific Oaks College, Santa Barbara, CA: Special
Needs of the Hospitalized Child
- 12.77 Pasadena Community College, Pasadena, CA: The
Handicapped Child: Special Recreational needs
- 12.77 Cheremoya School, Hollywood, CA: The Value of Play

1976

- 03.08.76 Denver, CO: The Enchantment Years, Foster
Grandparents
- 03.76 University of Colorado Hospital Advocates, Denver,
CO: Chronicity of Illness in Children, Panel Discussion
- 05.76 University of Colorado, Therapeutic Recreation Lecture
Series, Boulder, CO: Recreation for Children in
Hospitals
- 05.76 Colorado University Nursing Students, Denver, CO:
Children's Literature
- 06.76 University of Colorado, School of Nursing, Denver, CO:
The Forgotten School-Aged Child: Communication
Between the Ivory Tower and the School
- 06.76 Denver Diabetic Association, Denver, CO: Nutrition
Education for Young Children
- 11.76 Denver, CO: The Hospitalized Child- Preventing
Emotional Upsets
- 12.76 Childbirth Preparation Association, Denver Parent
Fair, Denver, CO: Nutrition for Infants and Young
Children

1975

- 03.75 Denver, CO: Outdoor Environments for SEMBCS, Title
III Project
- 04.75 Colorado University School of Nursing, Denver, CO:
Literature for Hospitalized Children
- 04.75 Project Head Start Region UII Staff, Denver, CO:
Teaching Health and Safety to Preschoolers
- 06.75 University of Colorado, Denver, CO: Unforgettable
Problems for the School-Aged Child: When a Child is
Hospitalized
- 07.75 University of Colorado Medical Center, Nursing Staff,
Denver, CO: Psychology of Good Eating

09.75

Aberdeen Head Start, Aberdeen, CO: The Psychology of Feeding Preschoolers

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED

2010

- 04.22, 23.10 Zero to Three: Military Division Project: Coming Together Around Military Families: Supporting Young Children through Challenging Times. Joint Base, Ft. Lewis-McChord, Washington State
- 08.12.10 Duty to Warn, Sum Total Systems, Online
- 08.12.10 Army Military Culture Sensitization, Sum Total Systems, Online
- 08.12.10 Japanese Culture- MWR Yokosuka, Sum Total Systems, Online
- 08.12.10 Air Force Military Culture, Sum Total Systems, Online
- 08.23.10 Child & Youth in Military Systems, Sum Total Systems, Online
- 08.23.10 Military Culture Sensitization, Sum Total Systems, Online
- 08.23.10 School Program, Sum Total Systems, Online
- 08.23.10 Presentation Skills, Sum Total Systems, Online
- 08.27.10 Military Family Life Consultant General Orientation, Sum Total Systems, Online
- 09.15.10 Japanese Culture Education, Yokosuka Naval Base, Japan
- 10.19, 20.10 Transition Counselor Institute, Phase I, Yokosuka Naval Base, Japan

2009

- 09.06.09 Spirituality & Psychology: Care of Self, Spirit & Soul, J&K Seminars, Online
- 08.23.09 Women's Health, Continuing Psychology Education, Inc, Online
- 08.22.09 Introduction to Korean Culture. Presented by Military 1 Source, Online
- 03.23.09 Once a Warrior; Wired for Life. Misawa Military Base, Japan
- 01.06, 13.09 Research on Happiness. Presented by Military 1 Source, Online
- 01.09.09 Bonding- Tony Madriel, Santa Rosa, Redwood Empire Chapter, California Association of Marriage and Family Therapists
- 01.23.09 Certificate of Completion- What the Law Expects of Me- Part III. Presented by David Jense, J.D. Redwood Empire Chapter, California Association of Marriage and Family Therapists

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

2008

- 09.20.08 Military Culture in the Air Force, MHN Insurance,
Wiesbaden, Germany 08.15.08 Military Culture in the
Army, MHN Insurance, Wiesbaden, Germany
- 06.06.08 Attachment with David J. Wallin, Ph.D, California
Association of Marriage and Family Therapists,
Windsor, California
- 02.24.08 "Writing Your Memoir" by Natalie Goldberg,
Copperfield's Book Store, Sebastopol, California
- 02.09.08 Stillpoint School of Integrative Life Healing: Energy
Medicine- Healing the Body, Healing Life by Dr.
Meredith Young-Sowers, California
- 02.06.08 Redwood Empire Estate Planning Council-
Anticipating and Addressing Family Co-Ownership
Issues

**SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED**

2007

- 04.14, 18.07 Stillpoint School of Integrative Life Healing: Energy
Medicine- Healing the Body, Healing Life by Dr.
Meredith Young-Sowers
- 02.22.07 Sonoma County Mental Health: Evaluation of Families
& Children in Crisis by Susan Milam-Miller, M.D.
- 02.20.07 California Parenting Institute: Adults & Children
against Violence by Esperanza Vinas

2006

- 10.24.06 California Parenting Institute: Advocacy for Victims of
Domestic Violence by Maria De Santos from the
Women's Justice Center
- 09.26.06 California Parenting Institute: Advocacy for Learning
Disabled Students by Noreen Ringlein
- 09.19.06 California Parenting Institute: ACES/Triple P
Parenting by Grace Harris, MFT
- 09.11, 13.06 University of California Davis: Child Abuse and Neglect
Conference
- 09.06.06 California Parenting Institute: Mandated Reporter
Training by Jerry Knewman, Child Protective Services
- 08.22.06 California Parenting Institute: Men Evolving Non-
Violently by Frank Snow & Rob McCloud
- 07.19.06 California Parenting Institute: Comprehensive
Understanding of Attachment by Stephen Roburn
- 06.09.06 California State University, Fresno: California Victim
Assistance Academy
- 05.23.06 Sonoma State University: Internet Child Abuse:
Protecting Our Children against Perpetrators Online
- 04.25.06 California Parenting Institute: Violence in the Home:
The Effect on the Young Child by David Love, MFT and
Elizabeth McKee, MFT
- 03.21.06 California Parenting Institute: Art Therapy by
Catherine Held
- 02.05.06 California Association of Marriage and Family
Therapists Santa Barbara Chapter: CAMFT Legal &
Ethical Workshop by David Jensen, Esq.

2005

- 04.24.05 Santa Barbara City College: Creative Dimension of
Leadership by Jean Houston

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

01.22.05 Santa Barbara city College: Psychology Conference:
Neuroscience, the Body and Psychotherapy by Dyrrian
Benz

2004

11.10.04 Cottage Health System Education Department: Why
Bother Being Happy? An Introduction to Authentic
Happiness Research and Positive Psychology by
Margaret Wilkinson, Ph.D.
03.20.04 California Association of Marriage and Family
Therapists Santa Barbara Chapter: Aging and Long
Term Care by Mary Sheridan, MFT
03.10.04 Cottage Health System Education Department:
Obsessive-Compulsive Disorder: Diagnosis and
Treatment by Sherif Elasyouty, M.D.

2003

11.15.03 Santa Barbara CAMFT: Legal and Ethical Issues for
Mental Health Professionals by Barbara Sheffield
11.17.03 Ventura County CAMFT: How to be Hip to HIPAA by
David Davidson- Methot, Ph.D.
11.12.03 Ventura County CAMFT: Diagnostic Dilemmas in Child
Mental Health by Robin Berglund, M.D.
07.10.03 Ventura County Behavioral Health: Demystifying
Depression and Anxiety Disorders by Ronald Pollack,
M.D.
06.23.03 Paint by Intuit by Victoria De Loretto
06.14.03 Ventura County CAMFT: the Systemic Effect of
Trauma: Redefining our Future in the Aftermath of
September 11, 2001 by Linda Metzger
06.07.03 Community Counseling Center, Santa Barbara, CA:
Family Violence: paths to Healing by Roberta Forman,
MSW, MFT
06.02.03 Trinity Church Santa Barbara: Walking the Labyrinth
05.22.03 Brooks Institute: Learning Styles
05.10.03 Ventura County CAMFT: Addition is Family Affair by
Lee Bloom, M.D.
05.06.03 Cottage Hospital: Suicide Prevention
04.12.03 Ventura County CAMFT: Terminal Love: Internet
Addiction/ Cyber Abuse by Paul Booth
03.13.03 UCSB: Daniel Ellsberg: Vietnam and Iraq
02.08.03 Ventura County CAMFT: Internet Therapy Pro's and
Con's: The Latest Word by Dr. Pam Harmell

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

2002

- 12.03.02 Brooks Institute: Power Point
10.26.02 Santa Barbara City College; Philosophy Conference,
Dr. Joseph White
09.20.02 La Casa de Maria: Accepting Change in Your Career
09.13.02 Ventura County CAMFT: Diversity and Culture in
Psychotherapy by Dr. Miriam Hamed
08.09.02 Ventura County CAMFT: MDIC, A Safe Harbor for
Victims of Sexual Abuse
01.09 & 10.02 Critical Incident Stress Debriefing: A Review, Pt. Naval
Station
01.05.02 Santa Barbara Chamber of Commerce and the Dale
Carnegie Institute: Breakthrough Leadership

2001

- 11.15.01 EMDR Association: How the Body Remembers Trauma
by Babette Rothchild
11.14.01 Ventura County CAMFT: A Proven Model for
Strengthening Marriage by Lowe and Lowe
11.09.01 Ventura County CAMFT: Adolescents as Symptom
Bearers of Systemic Dysfunction by Alan Ludington,
M.S.
10.27.01 Santa Barbara City College: Sober Women and Healthy
Families: A Community in Recovery by Donna Genera
10.12.01 Ventura County CAMFT: Therapy and Coaching in the
05.11.01 Ventura County CAMFT: How Therapists are Like
Artists by Robin Scott Walker
05.08.01 Santa Barbara Cottage Hospital: Dual Diagnosis-
Assessment and the Treatment Issues
01.31.01 What Every Therapists Needs to Know about ADD/LD
by Janet Giler Ph.D., M.F.C.T.

2000

- 05.23.00 California Parenting Institute: Strengthening Families:
The Nature of Nurturing by Victor Bernstein,
University of Chicago
05.03.00 Santa Barbara CAMFT: Depth Psychology and
Archetypes by Jennifer Freed, MA
03.04.00 Santa Barbara City College Continuing Education:
Working as a Successful Clinical Supervisor by Gary
Linker, Ph.D.

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

- 02.25.00 Family Therapy Institute: Integrating Medicine,
Science and Spirit- The Wisdom of the Heart by Joan
Borysenko, Ph.D.
- 01.10.00 Self Esteem Council, Santa Barbara, Barbara Marx
Hubbard: Conscious Evolution

1999

- 11.21.99 Santa Barbara Counseling Center: Medical Issues and
Aging by Barbara Wood
- 11.11.99 University of California at Santa Barbara: Five
Mindfulness Training by Tich Nat Hahn
- 11.10.99 Santa Barbara City College: Dancing with Gods by
Joyce Blieman, Ph.D.
- 11.11.99 Vista Del Monte: Aging and Memory
- 11.07.99 St. Francis Hospital: Older Adults and Involuntary
Care
- 10.15.99 NASW: Speaking Stories by Karin del la Pena, LCSW
- 10.06.99 Santa Barbara CAMFT: How ADIS Changed my Life by
Dr. Stephen Hosea
- 10.02.99 Santa Barbara CAMFT: Strategic Therapy for Non-
Strategic Therapists by Debra Manchester
- 08.20.99 Santa Barbara Counseling Center: Legal and Ethical
Issues in Therapy by Susan Rothman, LCSW
- 08.03.99 Santa Barbara Counseling Center: Alcohol and Drugs
with Seniors by Jim Hill, LCSW
- 07.30.99 Pacific Clinics Pasadena: Art Therapy with Seniors
- 07.28.99 La Casa de Maria: Conscious Evolution by Barbara
Marx Hubbard
- 07.28.99 Santa Barbara Cottage Hospital Grand Rounds: Family
Therapy Around the World
- 07.21.99 Santa Barbara Library: Literacy Training (8 weeks)
- 07.14.99 Santa Barbara Cottage Hospital: Gay and Lesbian
Adolescents
- 07.09-11.99 Retreat: Mt. Calvary Monastery
- 07.08.99 Master Mind Group: Goal Setting
- 06.23.99 Santa Barbara Cottage Hospital Grand Rounds: The
War on Boys
- 06.22.99 Santa Barbara Counseling Center: Not So Golden
Years
- 06.18.99 Santa Barbara City College: Beyond Therapy
- 06.09.99 Santa Barbara Cottage Hospital Grand Round: Child
Abuse Reporting

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

- 06.04.99 Santa Barbara City College: Working with Severely Disturbed Children- Foster Clinic
- 05.21.99 NASW, Santa Barbara Chapter: Coaching by Susan Rothman, LCSW
- 05.13.99 Santa Barbara County Business Network: Creative Thinking and Problem Solving
- 04.20.99 Hospice of Santa Barbara: Handling Grief by Gail Rink
- 04.12.99 Self Esteem Council, Santa Barbara: Evolving Self Esteem by Gil Garcia
- 04.08.99 Fielding Institute: H.O.D. 20th Reunion
- 03.19.99 NASW, Santa Barbara Chapter: IMAGO Therapy
- 02.24.99 Santa Barbara Cottage Hospital Grand Rounds: History of Blacks in Social Work
- 02.03.99 Santa Barbara CAMFT
- 01.31.99 Dyslexia Resource Center Vision and Task Force Conference, Santa Barbara, CA
- 01.28.99 Partners in Excellence Conference, Santa Barbara, CA
- 01.17.99 Santa Barbara Cottage Hospital: Curiosity in Family Therapy
- 01.13.99 Vista Del Mar Hospital: Treatment of Geriatric Depression

1998

- 06.05.98 Pepperdine University: Mediation Training
- 01.24.98 Visions and Task Force, D.A.R.C., Santa Barbara City College by Mel Levine
- 01.05-08.98 Quest for Vision Wilderness Training

1997

- 09.06.97 Five Mindfulness Training with Tich Nat Hahn, University of California, Santa Barbara, CA
- 03.19-22.97 Linda Mood Bell Conference, San Francisco, CA
- 02.22.97 Vision and Task Conference, Santa Barbara City College Dyslexia Resource Center
- 01.17.97 Neuropsychological Conference, Fielding Institute, Santa Barbara, CA

1996

- 06.24.96 Care of the Soul- Thomas Moore, Sonoma State University
- 05.17.96 Magical Child- Eileen Cummings, Petaluma, CA
- 04.26-28.96 You Don't Have to Be Good- Esalen- Big Sur, CA
- 03.03.96 Women's History Birthday Party, Petaluma, CA

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES

ATTENDED (cont'd)

- 02.29.96 Brain Gym Training, Santa Rosa, CA
02.08.96 It Takes a Village- Hillary Clinton, San Francisco, CA

1995

- 11.29.95-06.96 Meditation Sylvia Bornstein, Spirit Rock, CA
11.3,4.95 Quest Dream Work, Grace Cathedral, San Francisco, CA
10.01.95 Women's History Project 15th Birthday Celebration, Santa Rosa, CA
09.23.95 Tich Nat Hahn Day of Meditation, Spirit Rock, CA
08.26.95 Women's Equality Day 75th Anniversary, Rohnert Park, CA
02.05.95 A Passionate Regard for the Well Being of Children, California Parenting Institute, Santa Rosa, CA

1994

- 03.31.94 Business Issues Forum: Health Care Reform, Congress-woman Lynn Woolsey, Petaluma Community Center, Petaluma, CA

1993

- 10.25.93 Nancy Samalin- Love and Anger
10.23.93 Day of Mindfulness, Tich Nat Hahn Spirit Rock Meditation Center, Woodacre, CA
10.03.93 Networking for Independent Businesses, Independent Workers Association Conference, Embassy Suites Hotel, San Rafael, CA

1992

- 12.27-30.92 Emotional Growth and Creativity in Adult Life, American Institute of Medical Information, Inter-Continental Maui, Hawaii
11.14.92 Eye Movement Desensitization Network Meeting, Sunnyvale Hilton, Sunnyvale, CA
11.07.92 A Model Program for Investigation and Treatment of Child Sexual Abuse, Colleen Friend, LCSW, and Cheryl Lanktree, Ph.D., Stuart House, Santa Monica, CA
05.16.92 Marital Therapy and Couples Group Therapy, James Framo, PH.D., Catholic Charities of Marin, San Rafael, CA
05.08.92 Couple Therapy: A Non-Traditional Approach, Dan Wile, Ph.D., CPC Redwoods Hospital, Santa Rosa, CA

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

- 04.18.92 A Control-Mastery Approach to Individual and Couples Therapy, Richard Vogel, Ph.D., First Hospital Vallejo, CA
- 03.19.92 Treatment of Eating Disorders in Survivors of Childhood Abuse, Theresa Shuman, Ph.D., First Hospital, Vallejo, CA
- 03.05.92 Case Presentation on School Phobia, Gershon Thompson, M.D., CPC Redwoods, Santa Rosa, CA
- 01.16.92 Treating Adult Children of Alcoholics, Kathryn Tessmer, Ph.D., First Hospital, Vallejo, CA
- 01.11.92 Neuropsychological Evaluations and the Learning Disabled Child, Allen Hobbs, Ph.D., Association of Educational Therapists, Sonoma County Study Group, Santa Rosa, CA

1991

- 12.13.91 The Light and Dark of the Year, James Yandell, M.D., Ph.D., Santa Rosa, CA
- 12.05.91 Learning Handicaps, CPC Redwoods, Santa Rosa, CA
- 11.21.91 Bad or Sad: Hidden Dimensions in the Treatment of the Acting Out Adolescent, Stan Yantis, M.D., First Hospital, Vallejo, CA
- 10.17.91 Obsessive-Compulsive Disorders in Children and Adolescents, Margo Theinemann, M.D., First Hospital, Vallejo, CA
- 10.17.91 Sleep Disturbances, California Parenting Institute, Santa Rosa, CA
- 10.03-06.91 Play Therapy Conference, Brenkenridge, CO
- 05.14-21.91 Traumatized Child Conference, Honolulu, Hawaii
- 03.21.91 Self-Publishing Class, Santa Rosa, Junior College, Santa Rosa, CA

1990

- 10.07.90 Systemic Intervention with Addictive Families, Charles Alexander, Director of Mental Health, Kaiser Hospital, Santa Rosa, CA
- 03.31.90 Eye Movement Desensitization Training, Angela Center, Santa Rosa, CA
- 01.22.90 Adult Children of Alcoholics as Parents, Sonoma County Council on Alcoholism, Petaluma, CA
- 01.17.90 Eye Movement Desensitization Procedure for Use with Traumatized Patients, Dr. Francine Shapiro, Sonoma County Child Abuse Council, Santa Rosa, CA

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

1989

- 11.03.89 Drug Babies: Where Do We Go From here? Perinatal
Drug and Alcohol Abuse Council, Santa Rosa, CA
- 10.21.89 Detection and Treatment of Dyslexia, Betty Judah and
Ron Davis, Santa Rosa, CA
- 09.14-15.89 Difficult Behavior in Young Children, Dr. Stanley
Tureki, Santa Rosa, CA
- 08.05.89 Infant and Child CPR, American Red Cross, Santa
Rosa, CA
- 01.05-08.89 18 Hours of Training in Advanced Techniques for
Working with Emotionally Traumatized Children,
Given by Beverly James, MSW at the James Institute

1988

- 12.09.88 Differential Diagnosis of Serious Emotional
Disturbance, Terry Tibbitts, Ph.D., Santa Rosa, CA
- 12.03.88 Healing the Child Within Workshop, Santa Rosa, CA
- 10.27.88 How to Handle Difficult People, Fred Pryor Seminars,
San Francisco, ca
- 04.15.88 California Parenting Institute Retreat, Bodega Bay, CA
- 03.27-31.88 Orthopsychiatry Conference, San Francisco, CA
- 02.20.88 Expert Witness: Rules, Responsibilities, and Rewards,
CAMFT, San Francisco, CA
- 02.18-19.88 Where Love and Skill Meet, Expect Magic, California
Consortium of Child Abuse Councils, Oakland, CA
- 01.21.88 Parenting the Sexually Abused Child, Foster Parent
Training Program, Santa Rosa, CA

1987

- 06.11-13.87 International Conference on Family Strengths; Family
Policy Office, Pepperdine University, Malibu, CA
- 05.02.87 Sex Abuse Allegations in Custody Disputes, California
Professional Society on Abuse of Children, San Rafael,
CA
- 03.21.87 How Educators Can Enhance or Harm Self Esteem in
Early Childhood, Donna Ewy, Ph.D.
- 03.07.87 Child Abuse and Neglect: Assessment and Treatment
for Breaking the Cycle, Eliana Gill, Association for
Advanced Training, University of California, San
Francisco, CA

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

1986

- 08.05.86 Psychopathology Seminar, Marin Psychiatric Institute,
07.01, 08, 15 Larkspur, CA
22, 29.86 &
06.17 & 24.86
07.11-12.86 Challenges in Play Therapy Seminar, University of
California, Berkeley, CA
04.16.86 Children of Alcoholics Conference, Claudia Black,
Cambridge Institute, San Francisco, CA
02.15.86 Marin Psychiatric Institute Workshop on Aggressive
Children, Larkspur, CA
02.13-14.86 A Bridge to Understanding, California Consortium of
Child Abuse Councils Conference, San Francisco, CA
01.17-24.86 Rebonding Training, Tony Madrid, Ph.D, Erickson
Institute, San Francisco, CA

1985

- 11.25.85 PMS Workshop, Berkeley, CA
11.16.85 Obsessive and Narcissistic Character Disorders, Marin
Psychiatric Institute, San Rafael, CA
11.08.85 Assessment and Treatment of Child Sexual Abuse,
Eliana Gill, San Francisco, CA
11.07.85 Telemarketing for Non-Profit Corporations, Pacific Bell,
San Francisco, CA
10.05.85 Sexual Abuse Conference, Sonoma County Child
Abuse Council, Santa Rosa Junior College, Santa
Rosa, CA
09.20.85 Childbirth Perspectives, San Rafael, CA
09.17.85 Suicide Prevention, Samaritan Centers, Petaluma, CA
05.30-10.31-85 Diets Don't Work, Eleven Sessions, San Francisco, CA
04.18-25.85 Orthopsychiatry Conference, New York, NY
03.16.85 Ethical Issues, CAMFT, Burlingame, CA
03.06.85 Discipline Without Spanking or Spoiling, Elizabeth
Crary, Santa Rosa, CA
02.12.85 Therapy with Aggressive Children, Richard Gardner,
Ph.D., San Francisco, CA

1984

- 11.08-11.84 National Association for the Education of Young
Children, Los Angeles, CA
10.18-21.84 American Association of Marriage and Family Therapy
Conference: Roots of Change- The Generations of
Family Therapy, San Francisco, CA

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

- 08.17.84 Child Abuse Legislation- State and Local
Coordination, CA Assemblyman Dan Hauser, Rohnert
Park Community Center, Rohnert Park, CA
- 07.16-17.84 Current Issues in Child Development and Parenting,
Dominican College, San Rafael, CA
- 06.12.84 Health Professionals' Role in Parent Education, San
Rafael, CA
- 06.30-07.03.84 Association for the Care of Children in Hospitals,
Dallas, TX
- 03.30.84 Conference on Alcoholism and Its Effects on Family,
California Alcohol Treatment Services, San Francisco,
CA
- 03.16-17.84 Women in Psychoanalysis: Historical and Clinical
Perspective, University of California, Berkeley, CA
- 02.04.84 Single Parent Conference, Catholic Community
Services, Santa Rosa, CA

1983

- 10.14.83 Step Families/Blended Families: A Look at
Therapeutic Issues, family Service Agency of Sonoma
County and Catholic Community Services, Santa Rosa,
CA
- 09.20.83 Alcohol Abuse Seminar, Samaritan Center, Petaluma,
CA
- 06.02.83 Conflict Resolution: Negotiation Skills, Hoy Steele
Associates, Santa Rosa, CA

1982

- 11.82 IV International Congress on Child Abuse and Neglect,
Paris, France

1980

- 05.15-18.80 Tenth Annual Child Abuse and Neglect Symposium,
Denver, CO

1979

- 04.07.79 National Center Child Abuse Conference, Keystone, CO
Associate for the CARE of Children in Hospitals, Los
Angeles, CA

1978

- 08.17-20.78 National Association for the Education of Young
Children, New York, NY

SCIENTIFIC AND PROFESSIONAL MEETINGS AND CONFERENCES
ATTENDED (cont'd)

05.19-21.78 Children of the New Age, California State University,
Fullerton, CA

1976

11.11-14.76 National Association for the Education of Young
Children, Anaheim, CA

10.27-28.76 Seventh National Symposium and Workshop on Child
Abuse and Neglect, Denver, Co

06.13-18.76 Exploring Change- International Design Conference,
Aspen, CO

03.24-27.76 Association for the Care of Children in Hospitals,
Denver, Co

1975

04.75 Society for Research in Child Development, Denver,
CO

1974

Association for the Care of Children in Hospitals,
Chicago, IL
Society for Research in Child Development, Denver,
CO

MISCELLANEOUS ACTIVITIES

- 1997- 2006 Mid Life Zest Member
- 1996- 2006 New Comers Club Member
- 1984- 1996 Acted as host family for four Japanese exchange students
- 1986- 1996 Supervision of Marriage, Family and Child Counselor Interns in my Private Practice
- 1989- 1990 Puppy Raiser for Canine Companions for Independence
- 1986- 1987 Expert Witness in child sexual abuse court cases
- 1981 Step Parent Support Group- People's Service Center, Petaluma, CA
- 1979 Television Program: "Children in Hospitals Need Special Support- How the Community Can Help" Denver, Co.
- 1978 Consultant with the Relaxation Project, Boulder, CO
- 1976 Taped a Nutrition Education Program for KMGH in Denver, CO during National Nutrition Week- program speaker
- 1975 Developed a Rooftop Playground, University of Colorado Medical Center (U.C.M.C.)
- 1974 Developed a Tour of the Hospital for preschool, day care and kindergarten children (U.C.M.C.)
- 1973 Developed a pre-surgery puppet show for three to ten year olds (U.C.M.C.)
- 1972 Developed a video- tape "Play and Toys for Different Stages" (U.C.M.C.)